bee healthy CAFE

CATERING MENU

BREAKFAST

GREEK YOGURT PARFAIT
greek yogurt (choice of blueberry, strawberry, or peach) topped with granola

GARDEN BREAKFAST WRAP
eggs, cream cheese, tomatoes, spinach, black olives, grilled wheat tortilla

BREAKFAST SANDWICH
eggs, black forest ham, provolone, choice of whole wheat or Italian rosemary bread

BREAKFAST WRAP
eggs, black forest ham, provolone, grilled wheat tortilla

BACON, EGG, AND CHEESE WRAP
eggs, bacon, provolone, grilled wheat tortilla

STEAK, EGG, AND CHEESE WRAP
eggs, steak, cheddar, grilled wheat tortilla

PB&B
peanut butter, banana, honey, whole wheat bread

OATMEAL

SCONE
apple cinnamon, blueberry, raspberry white chocolate

WHOLE FRUIT
apple, clementine, banana

BAGEL
plain bagel, cream cheese

GALLON OF COFFEE
serves between 10-15 people and includes cups, stirrers, creamer, and sugar

GALLON OF ORANGE JUICE

LUNCH

BOXED LUNCHES

ALL BOXED LUNCHES COME INDIVIDUALLY PACKAGED AND INCLUDE A SIDE OF FRUIT OR KETTLE COOKED CHIPS AND A CHOCOLATE CHIP COOKIE

**Premium sides: hummus and veggies, hummus and pita, chips and salsa

HEALTH NUT SALAD
romaine, tomatoes, carrots, black olives, sunflower seeds, pepper jack, honey dijon

PECAN CHICKEN SALAD
grilled chicken, parmesan, tomatoes, chopped pecans, romaine, raspberry vinaigrette

CAESAR SALAD
grilled chicken, parmesan, tomatoes, romaine, caesar

SALMON QUINOA BOWL
wild salmon filet, parmesan, onion, tomatoes, spinach, chipotle vinaigrette, spinach & quinoa

MEDITERRANEAN QUINOA BOWL
grilled chicken, feta, tomatoes, black olives, basil pesto, spinach & quinoa

BOUNTY BOWL
oven roasted tofu, romaine, broccoli, carrots, tomatoes, black olives, sunflower seeds, quinoa, house-made hummus, vinaigrette

CALIFORNIA WRAP
grilled chicken, provolone, tomatoes, romaine, honey dijon, wheat tortilla

BAJA WRAP
black forest ham, smoked turkey, bacon, pepper jack, tomatoes, black olives, romaine, ranch, jalapeno tortilla

GREEK WRAP
grilled chicken, feta, tomatoes, black olives, romaine, vinaigrette, spinach tortilla

QUESADILLA MELT
grilled chicken, pepper jack, onions, bell peppers, tomatoes, house-made chipotle mayo, grilled jalapeño tortilla

STEAK QUESADILLA MELT
flame-broiled steak, pepper jack, onions, bell peppers, tomatoes, house-made chipotle mayo, grilled jalapeño tortilla

MEDITERRANEAN MELT
grilled chicken, feta, tomatoes, black olives, pesto, grilled spinach tortilla

CHICKEN BACON RANCH MELT
grilled chicken, bacon, cheddar, spinach, tomatoes, onions, house-made ranch, grilled whole wheat tortilla

PHILLY CHEESESTEAK MELT
flame-broiled steak, provolone, onions, bell peppers, mayo, grilled whole wheat tortilla

STEAK & CHEDDAR MELT
flame-broiled steak, cheddar, tomatoes, onions, house-made ranch, grilled whole wheat tortilla

TOFUDILLA MELT
oven roasted tofu, vegan cheese, onions, bell peppers, tomatoes, house-made vegan chipotle mayo, grilled wheat tortilla

We are happy to work with you to customize a package that works perfectly for your group.

SPICY BLACK BEAN BURGER MELT
black bean patty, spinach, tomatoes, onions, vegan chipotle mayo, grilled wheat tortilla

SPICY CLUB SANDWICH
black forest ham, smoked turkey, bacon, pepper jack, tomatoes, onions, spinach, chipotle mayo, on italian rosemary bread

TUNA NUT SANDWICH
tuna salad with apples and pecans, provolone, tomatoes, romaine, sunflower seeds, vinaigrette, on whole wheat bread

TERLINGUA SANDWICH
smoked turkey, pepper jack, tomatoes, romaine, chipotle mayo, on whole wheat bread

BEVERAGES

GALLON OF ICED TEA
Mango Passionfruit • Pomegranate Lime • Organic Signature Unsweetened Black Tea • Organic Signature Sweetened Black Tea

OZARKA WATER 16.9 OZ

SAN PELLEGRINO WATER 16.9 OZ

FIJI WATER 16.9 OZ

SPINDRIFT 12 OZ (ASSORTMENT)

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CATERING MENU

WRAP & SANDWICH BUNDLES

SERVES 10-15

WRAP BUNDLE

- 2 California Wraps
- 3 Baja Wraps
- 2 Spicy Club Wraps
- 2 Greek Wraps
- 1 Health Nut Wrap

SANDWICH BUNDLE

- 4 Spicy Club Sandwiches
- 3 Grilled Chicken Sandwiches
- 3 Terlingua Sandwiches

WRAP & SANDWICH BUNDLE

- 2 Spicy Club Sandwiches
- 2 Terlingua Sandwiches
- 3 California Wraps
- 2 Baja Wraps
- 1 Health Nut Wrap

COOKIES

CHOCOLATE CHIP COOKIE

GLUTEN FREE COOKIE

VEGAN COOKIE

SMOOTHIE BUNDLES

FAN FAVORITES SMOOTHIE BUNDLE (15, 20 OZ)

- 4 Elvis
- 4 Strawberry Banana
- 4 Mango Peach
- 3 Peaches and Cream

REAL FRUIT SMOOTHIE BUNDLE (15, 20 OZ)

- 4 Strawberry Banana
- 4 Mixed Berry
- 4 Mango Peach
- 3 Strawberry Peach

SIGNATURE SMOOTHIE BUNDLE (15, 20 OZ)

- 4 Elvis
- 4 Tommy
- 4 Peaches and Cream
- 3 Blue Suede Shoes

SUPER SMOOTHIE BUNDLE (15, 20 OZ)

- 4 The BEE's Knees
- 4 The Healthy BEE
- 4 Health Nut Smoothie
- 3 Green BEE

COFFEE SMOOTHIE BUNDLE (15, 20 OZ)

- 4 Flying Elvis
- 4 Caramel Mocha
- 4 Salted Caramel Latte
- 3 Chai Spice

SIDES

SERVES 10-15

HUMMUS WITH PITA & VEGGIES
creamy house-made chickpea dip with pita and fresh veggies

VEGGIES & RANCH
house-made ranch with fresh veggies

CHIPS & SALSA
house-made salsa with tortilla chips

PARTY DIP TRIO
(SERVES 30-45)
assortment of house-made sides including chips & salsa, veggies & ranch, and hummus & pita

SALADS

SERVES 10-15

HEALTH NUT SALAD
romaine, tomatoes, carrots, black olives, sunflower seeds, pepper jack, honey dijon (dressing and nuts served on the side)

CAESAR SALAD
grilled chicken, parmesan, tomatoes, romaine, caesar (dressing served on the side)

CHEF SALAD
black forest ham, smoked turkey, pepper jack, tomatoes, black olives, romaine, ranch (dressing served on the side)